

Fitness

Text: Thea Eichholz

Musik: Thea Eichholz, Lothar Kosse
Chorsatz: Thea Eichholz

A

Mein Bi-zeps, ja, der gleicht ei-ner Me - , das ist gar nicht

This block contains the musical notation for section A. It features three staves: a vocal line and two piano accompaniment staves. The key signature has two sharps (F# and C#), and the time signature is common time (C). The lyrics are written below the vocal line.

5

D

, Sar - to-ri-us, der beugt das Knie, wenn sich die Haus-frau

This block contains the musical notation for section D, starting at measure 5. It features three staves: a vocal line and two piano accompaniment staves. The key signature has two sharps (F# and C#), and the time signature is common time (C). The lyrics are written below the vocal line.

E

Und wenn man in den E - cken auch mal rich - tig putzt, hat man so -
bü - cken muss. hat man so -
hat man so -

This block contains the musical notation for section E. It features three staves: a vocal line and two piano accompaniment staves. The key signature has two sharps (F# and C#), and the time signature is common time (C). The lyrics are written below the vocal line.

Fitness

12 F#m G D7

gar den Mus - cu - lus Tra - pe - zi - us be - nutzt! Ich brau - che nicht ins Fit - ness - Stu - di - o - o ,

gar den Mus - cu - lus Tra - pe - zi - us be - nutzt! Ich brau - che nicht ins Fit - ness -

gar den Mus - cu - lus Tra - pe - zi - us be - nutzt! Ich brau - che ni , ich

16 A7

krieg auch so nen su - per - str - pen rauf und Trep - pen run - ter, da

krieg auch so - o - ooo. Trep - pen rauf und Trep - pen run - ter, da

ram - men Po - o - ooo. Trep - pen rauf und Trep - pen run - ter, da

D7 A

wer - den Mus - keln mun - ter, die ich bis - her nur ahn - te ir - gend - wo.

wer - den Mus - keln mun - ter, die ich bis - her nur ahn - te ir - gend - wo.

wer - den Mus - keln mun - ter, die ich bis - her nur ahn - te ir - gend - wo.